

# Healthy Savings



## Eat better + save more

The Medica Healthy Savings program makes eating healthy a little easier. By saving on groceries and healthy products, you can take charge of your wellness. As a Medica member, you'll enjoy these benefits at no extra cost.

### How it works

- Watch for your Healthy Savings card in the mail. Start using the program by activating your card in the easy-to-use Healthy Savings app. It's free to download from the App Store or Google Play Store.
- Get healthy products featured in the app each week at the stores shown below.
- Add your favorite foods to your shopping lists and save in-store specials (some over 50% off) using your smartphone.
- Scan your Healthy Savings card or mobile app at checkout. Then save on all of the promoted items – like over-the-counter self-care, baby products, cleaning supplies, and healthy foods in every food group.



**Have a question? We're here.**

Visit [Medica.com/HealthySavings](https://www.Medica.com/HealthySavings) for more information.

\*Select locations only. \*\*At Knowlan's Festival Foods Minnesota locations only.  
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